

# the 9 Enneagram types

Leah Lee Coaching

**The Peaceful Mediator**

Type 9s have a strong desire for inner and outer stability. They seek to avoid conflicts or any form of disruption that may disrupt their sense of peace and well-being. Type 9s may go to great lengths to accommodate others' needs and maintain a sense of tranquility in their surroundings.

**The Moral Perfectionist**

Type 1s are principled and dedicated, driven by a strong internal sense of what is right and wrong. They strive to maintain order, justice, and fairness in their personal lives and in society. Type 1s often have a clear vision of how things should be and are relentless in their pursuit of aligning reality with their ideals.

**The Supportive Helper**

Type 2s excel at cultivating and maintaining relationships. Naturally nurturing, generous, and selfless, going out of their way to make others feel loved and valued. Type 2s have an uncanny ability to anticipate the needs of others and readily offer their time, energy, and emotional support.

**The Successful Achiever**

Type 3s strive to excel in various areas of their lives and are driven by a deep desire for recognition & admiration. They are natural achievers. Type 3s are skilled at assessing what is valued in their particular context and adapt themselves to meet those expectations, often succeeding in their endeavors.

**The Romantic Individualist**

Type 4s possess a profound sense of individualism. They often feel a sense of incompleteness or a belief that something essential is missing from their lives. Type 4s have a unique ability to recognize and appreciate the beauty in sadness, as they are deeply in touch with their own melancholic and complex emotions.

**The Investigative Thinker**

Type 5s have a strong need for privacy & personal space. They prefer spending time alone to recharge and engage in their intellectual pursuits. Type 5s are self-reliant and have a deep desire to feel competent & capable by gathering knowledge as a way to build confidence and protect themselves from feeling inadequate.

**The Loyal Guardian**

Type 6s embody courage while highly loyal to their beliefs, values, and relationships. They place great importance on trust and dependability, both in themselves and in others. Type 6s often value community and teamwork, as they find strength and security in being part of a cohesive group or system.

**The Entertaining Optimist**

Type 7s are highly versatile and adaptable. They possess the ability to see multiple possibilities and options in any given situation. Type 7s have a talent for brainstorming ideas and making connections between disparate concepts, often bringing a sense of creativity and innovation to their endeavors.

**The Protective Challenger**

Type 8s value strength, power, & independence. They have a natural ability to take charge and make decisions with conviction. Type 8s are unafraid to assert their opinions and can be assertive advocates for themselves and those they care about. They often champion the underdog or stand up against oppression.

